



Job Posting: Navigator - Allergy Specialist Dietician

Sprout Pediatric Food Allergy Clinics are seeking to re-define the care experience for children and their families living with food allergies. At Sprout, we believe every child is unique. So is our approach to food allergies. We bring together care, counsel and community – providing families peace of mind and kids the confidence they need to thrive.

Our mission is to empower children and their families living with food allergies to lead a life with confidence. We live out our mission everyday by supporting families on their allergy journey with an integrated service model and steadfast brand experience. We go beyond providing exceptional care and diagnosis tailored especially for kids. We are a trusted resource - providing education, counsel (support, nutritional guidance and digital tools) and community outreach to help families navigate life with food allergies.

- Our growing practice is seeking to re-imagine the patient/family care experience and requires a passionate, forward-thinking dietician to join our team.
- Minnesota consistently ranks among the top places to live and raise a family. We have world-renowned medical care and research, 16 top-rated Fortune 500 companies as well as a population that is highly educated and focused on living a life of health and wellness. Sprout will serve as the first pediatric food allergy clinic that focuses on supporting the full journey from diagnosis to living life with food allergies.

Are you passionate about re-defining the patient care experience for families living with food allergies?

The ideal team member will exemplify the following:

- Dynamic, team player who is entrepreneurial and passionate about re-defining the food allergy care model
- Compassion and empathy for our Sprout food allergy patients and their families
- Knowledge and confidence to treat allergy complexities across pediatric patients
- Genuine interest in innovation, technology and patient experience
- Life-long learner who is growth oriented and energized by being part of a start-up

Job Summary & Requirements:

- The ideal candidate will have a background in nutrition and dietetics with a high-degree of familiarity with food allergies and their impact on children and families. They will have an interest in the prevention, diagnosis and management of allergic diseases.
- This position plays a crucial role on the Sprout Care team serving as a liaison between patient families and our providers as well as instrumental in developing our nutritional education, support materials and digital resources to help families achieve improved health outcomes.



- This individual should be competent and comfortable public speaking, facilitating nutrition groups, teaching and inspiring food allergy families and stakeholders both in-person (one-on-one and group settings) as well as online.
- The individual in this role should be adept at working with different learning styles and ages, assessing education needs of patients and families, a strong collaborator and food allergy advocate.
- Day-to-day activities include:
 - Assess age-appropriate nutritional needs and identify vitamin or mineral deficiencies based on specific allergen avoidance
 - Monitor growth overtime and optimize nutrition plan
 - Provide knowledge and educational tools based on child's specific allergy diagnosis as well as the family's diet and life-style:
 - Educate on allergen exposure prevention and optimizing nutrition and normalcy i.e. understanding food names & ingredients, understanding food labeling, best practices to avoid cross-contamination, allergy-friendly restaurants, bakeries and grocers, shopping for allergen free products and alternatives, cooking (substitutes, baking alternatives and recipe adaptation), family meal planning, baby formula selection and/or supplement options

Education & Credentials:

- Bachelor's degree or higher from accredited institution in Dietetics, Nutrition or similar field acceptable for licensure.
- Licensed as a Dietician in the state of Minnesota in good standing
Minimum One (1) year experience working as a dietician with emphasis in food allergy.
- Experience leading and developing patient education based on evidence-based practices and up-to-date research.
- Masters level education preferred.
- Current CPR/BLS training.

Offer:

- Full-time position at a growing practice
 - 8 hour shift
 - Straight days
 - 40 hr/week
 - Monday – Friday
 - 8:00 am – 4:30 pm
 - No holidays. No weekends. Flexible hours can be discussed.
- Competitive compensation with opportunity for growth
- Benefits package
- Training opportunities
- If you are interested, please contact Maya Ryan, My Sprout Clinic Founder (www.mysproutclinic.com)
at : mara.ryan@mysproutclinic.com